



Representing over **2,300** health professionals contributing to healthier Australians.

\$796m

The chiropractic profession contributes up to \$796m to the national economy every year

Up to **300,000**

Chiropractors care for up to 300,000 Australian patients each week

Over **5,500**

registered chiropractors in Australia

Code of Conduct

Chiropractors adhere to a code of conduct to provide safe and effective health services within an ethical framework

ACA

The ACA advise further requirements to maintain a higher level of professional competence

30 years

The ACA has been the peak body representing Australian chiropractors for nearly 30 years

Fast Facts

- Chiropractors undertake **5 years** of university education.
- **Around 1 in 3 Australians** have visited a chiropractor, and 61% of those have visited in the last two years.
- **97%** of those who visited a chiropractor recently have been on more than one occasion.
- **Over 50%** of regular patients visit a chiropractor every three months or more regularly.
- **78% of patients are satisfied** with the quality of treatment and value for money, and **84% were satisfied** with the customer service in chiropractic offices.



Chiropractic professional standards

- Like all registered health professions, chiropractors are regulated by National Law and the Australian Health Practitioner Regulation Agency (AHPRA).
- Chiropractors must be registered and complete mandatory annual professional development.
- Chiropractic and spinal manipulation are shown to be low risk.
- Manual therapies can be a valuable first step before choosing potentially addictive painkillers or surgery.
- We care for up to **300,000** Australian patients each week, of which more than **30,000** are paediatric patients aged 0-18 years old.
 - Chiropractic is commonly used to treat back pain, neck pain, and headaches;
 - 97% of those who have visited a chiropractor recently have been on more than one occasion.
- Chiropractors use multi-modal care, incorporating a range of manual therapies such as spinal adjustment, mobilisation, muscle and soft tissue techniques.
- Other therapies include exercise prescription, rehabilitation, nutritional recommendations and lifestyle advice.

Paediatric care

- In Australia, chiropractors provide care to more than **30,000** paediatric patients (0-18 years old) every week.
- Chiropractors are taught a range of techniques to care for patients and modify all care to suit the age, presentation and development of the patient.
- There is very little evidence of harm associated with chiropractic care of paediatric patients.
- All Australian chiropractors abide by a national Code of Conduct to ensure best practice and maintain the highest level of professional competence and ethics, including:
 - Ensuring the needs of the patient are at the forefront of all care;
 - Ensuring there is informed consent from the paediatric patient's parent or guardian;
 - Carefully explaining the risks of care and alternatives to care to the parent or guardian; and
 - Identifying any 'red flags' to the paediatric patient and investigating, managing, co-managing or referring to an appropriate health practitioner.
- Manual Therapies are valued by parents and form part of a comprehensive approach to paediatric care.
- Chiropractors can play an active role in monitoring development, motor skills, and wellbeing through assessments.